

CENTRAL ZONE of Indian Orthopaedic Association YEAR : 2024 - 25



PRESIDENT :

Dr. Sanjay Dhawan

DHAWAN ORTHOCARE

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SECRETARY :

Dr. Peeyush Chansouria

JAYATI CLINIC

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President theme : "Together, strengthening bones and transforming Lives."

Immediate Past President :

Dr. R. C. Banshiwal, Rajasthan
Ph. : 9829062714

President Elect :

Dr. Bhuwan Kumar Singh, Bihar
Ph. : 8789247540

Vice President :

Dr. Jayant Sen, Rajasthan
Ph. : 9829005188

Treasurer :

Dr. Bhuwan Kumar Singh, Bihar
Ph. : 8789247540

Joint Secretary :

1. Dr Sudhir Kumar Singh
Patna (Head Quarter)
Ph. : 9431026782
2. Dr. Rajat Kapoor, Agra
Ph. : 7895711111
3. Dr. Akash Upadhyay, Varanasi
Ph. : 9455394001

Editor :

Dr. C. P. Pal, Agra
Ph. : 9634031500

State Representative :

Bihar :

Dr. Shivendra Kumar, 9431454276
Dr. A. K. Sinha, 9431012156

Chhatisgarh :

Dr. Alok C. Agrawal, 9425151634
Dr. Akhilesh Yadav, 881900200

Madhya Pradesh :

Dr. Saket Jati, 7208557555
Dr. R. K. Jain, 9826386770

Rajasthan :

Dr. Arun Kumar Sharma, 7891688519

Uttar Pradesh :

Dr. Santosh Singh, 9918238999
Dr. Saurabh Agrawal, 9452750818

Dear members

Greetings from Executive Committee (2024-2025) Central Zone IOA. Please accept our gratitude for entrusting us with the responsibility of serving Central zone of IOA. We feel honoured and blessed to express our sincere thanks for placing your trust in us. As you all know our association represents members from 5 states of India but for some reasons we have not been able to impactfully present ourselves at National level as strong and unified voice of member States. One reason may be the apathy of members to remain associated and connected with the association. Member directory has not been updated for years. So at office, we don't have enough information to communicate with our members and to form a virtual group on social networking sites. Most members don't get information so attendance at conferences is also very thin. As a team and specially president Dr Sanjay Dhawan, we are trying hard to get the member database verified and renewed. I most humbly request you to spare some time to provide necessary information through form attached or you can WhatsApp (933 69 12 471), mail (pchansouria@gmail.com), send by post to my address (Dr Peeyush Chansouria, 24 Gandhi Nagar, Naria, Sunderpur, Varanasi - 221005). I would also request you to join our official WhatsApp group www.CEZIOA.com through following link:https://chat.whatsapp.com/lhc2qh8RX6p9fNqL8FejS6?mode=ac_t

I sincerely and most humbly appeal to encourage your colleagues from member states to join Central Zone. Membership form is available on our website <https://cezioa.com>. Please do visit our website. It has become more interactive and you can find all information regarding Central Zone.

As per the long felt demand of members for necessary amendment in constitution of Central zone, a resolution was proposed in executive committee meet at annual conference 2024 Agra to form a **CONSTITUTION AMENDMENT COMMITTEE** which was passed in subsequent general body meeting 2024 at Agra. Constitution Amendment Committee was formed under the able chairmanship of Professor S C Goel Sir. Members of committee included Dr Umesh Batra, Dr Sanjeev Gaur, Dr Amulya k Singh, Dr R C Banshiwal, Dr K D Tiwari, President Dr Sanjay Dhawan and Secretary Dr Peeyush Chansouria. Professor Goel Sir submitted his report on various amendments at executive committee meet at MTS Jaipur on 13th April 2025. To ratify and accommodate the amendments a **SPECIAL GENERAL BODY MEETING** is scheduled to be held at annual conference Siliguri on 20th September 2025.

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You are requested to attend and make your presence felt by giving necessary inputs. Special general body meeting will be followed by annual GBM on same date and venue. With great earnest I request you to please get registered for the annual conference at Siligudi, West Bengal from 19th to 21st September 2025. You can register through following link : <https://cezcon2025.com/cms/>

If interested in paper/poster presentation please submit your abstract at: <https://cezcon2025.com/cms/> I also notify and request to send your research work for presentation under prestigious GHAZIABAD LECTURE in annual conference, I also request members from Teaching Institutions to encourage their PG students to participate in the annual conference. Apart from free papers we also have medal session for PGs.

Let me also remind you about Bone and Joint Week 2025 from 3rd to 10th August and Bone and Joint day on 4th August in accordance with Presidential theme : OLD IS GOLD : 360° CARE OF THE ELDERLY ENSURING MOBILITY, DIGNITY AND LONGEVITY.

As we celebrate Bone and joint week this year, let us remember that ageing is a journey to be honoured and cherished. The strength and wisdom of our elders are priceless and their mobility and independence are essential for a dignified life. On Bone and Joint Day, 4th August 2025, we invite you to join us in promoting awareness about maintaining healthy bones and joints for a better quality of life in old age. Together, we will focus on comprehensive care that supports elderly mobility, preserves dignity and enhances longevity.

No organization can prosper and progress without active participation of members. Please join hands and make central zone a more meaningful and powerful organization.

Long live Central Zone, IOA Long live IOA

With sincere regards and best wishes

Dr Peeyush Chansouria
Secretary, Central Zone IOA

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Central Zone of Indian Orthopaedic Association (CEZIOA)

Membership Update Form – 2025

Personal Details

1. Name: _____
2. Gender: Male Female
3. Date of Birth (DD/MM/YYYY): _____
4. Email ID: _____
5. Contact Number: _____
6. WhatsApp Number: _____
7. Address for Correspondence: _____

8. City: _____
9. Pin Code: _____
10. State: _____
11. Country: _____
12. Qualification : _____
13. Institution of PG: _____

Membership Details

14. LM Number of State: _____
15. LM Number of Central Zone :- _____
16. LM Number of IOA: _____

Remarks (if any):

Signature: _____

Date: _____

For any queries, please contact:

Dr. Peeyush Chansouria

Secretary, Central Zone of Indian Orthopedic Association

9336912471, pchansouria@gmail.com / cezioaweb@gmail.com

Proposed amendments to the Constitution of Central Zone of IOA 2025

Note: Words/ articles in Red and strikethrough are proposed to be deleted and those in Skyblue are proposed to be inserted. (Clause 11 para VII in green is suggestion from Dr Bhuwan Singh recd after Mid-term EC meeting)

(Bihar, Chattisgarh, ~~Jharkhand~~, Madhya Pradesh, Rajasthan & Uttar Pradesh)

MEMORANDUM OF ASSOCIATION

1. The name of the association shall be "Central Zone of Indian Orthopaedic Association"
2. The aims and objects of the Association shall be the advancement of the science and art of Orthopaedic Surgery in the zone and with that view Inter-alia to do the following:-
 - i. To hold scientific meetings, seminars, workshop separately or with such other Association or Societies.
 - ii. To encourage scientific researches and experimental works in Orthopaedic Surgery ~~of~~and allied subjects.
 - iii. ~~To provide help in diagnosis treatment and rehabilitation to the poor, sick and needy orthopaedic patients.~~
To promote and undertake charitable activities for the benefit of the underprivileged, physically challenged, and those affected by a natural disaster or calamity.
 - iv. To hold lectures and meetings for medical practitioners/others for the purpose of directly or indirectly advancing the cause of Orthopaedic Surgery and allied subjects.
To promote education and information on common orthopaedic problems amongst the general public.
 - v. ~~To watch and advice on legislation affecting Orthopaedic Surgery & allied subjects.~~To promote, encourage and assist in the education and training of orthopaedic surgeons in the Zone.
~~To advise on matter concerning teaching and training of medical students (undergraduate & post graduate), paramedicals (Physiotherapists, Occupational therapists, Prosthetists and Orthotists) and research in Orthopaedic Surgery.~~
 - vi. To advise other association/voluntary bodies/Govt. agencies on matters affecting the interest and development of Orthopaedic Surgery including standardization of instruments, implants, Orthotic & Prosthetic appliances, problems of rehabilitation of the physically handicapped etc.
 - viii. To publish Journal, Proceedings, Brochures, Periodicals and abstracts pertaining to Orthopaedics and allied subjects.
 - ix. To hold properties movable or immovable that may be necessary or advantageous for the aforesaid objects, to purchase and sell, rent, lease and to mortgage.
 - X. To receive donation and subscription and to hold funds in trust for any particular purpose or purposes for the advancement of Orthopaedic Surgery and allied branches.
 - xi. To construct, alter and maintain any building necessary for the running of the Association.
 - xii. To encourage exhibition of instruments, implants, tools, appliances etc. connected with or pertaining to orthopaedics surgery and attempt to improve such instruments and appliances for the special need.
 - xiii. To make rules, regulations and bye laws of the Association and to delete, change or add to the same as and when necessary conducive to the attainment of all or any of the objects of the Association.
 - xiv. To initiate any other programme which may be decided on from time to time by the Association for the advancement or Orthopaedic Surgery.
3. The Association shall function in accordance with the Rules & Regulations; a copy thereof is filed herewith fully certified in the prescribed manner.
4. The names, addresses and the occupation of the Executive Committee to whom by the rules of the Association, the management of the affairs are entrusted are hereunder:-

We the following persons whose names, addresses, occupations and signatures are given below are desirous of being formed into an Association and its registration under Society Registration Act 1860.

1. Dr. S.C.Goel, A 23, Brij Enclave, Sunderpur, Varanasi 221005
2. Dr. U.Batra, C-8, Housing Board Colony, Kohai Fiza, Bhopal-462001

3. Dr. (Capt.) V.S.Singh, 0-85, Doctor's Colony, Kankarbagh, Patna-800 020
4. Other office Bearers

Rules & Regulations

1. **Name:** The name of the Association shall be “Central Zone of Indian Orthopaedic Association”. hereafter called as Association.
2. **Objects:** The aims and objects of the Association are given in the memorandum of the Association.
3. **Logo:** The logo of Indian Orthopaedic Association will be used. Below the Indian Orthopaedic Association the word “Central Zone of IOA” will be used in the logo.
4. **Office & Scope:** The Association shall operate throughout the Central Zone comprising the existing of Bihar, Chattisgarh, ~~Jharkhand~~, Madhya Pradesh, Rajasthan & Uttar Pradesh. Office of the association shall be at **Patna**.
5. **Membership :** Membership of the Association shall comprise of the following categories:
 - a. **Honorary Fellows:** Honorary fellows may be elected from men or women of distinction residing in Zone or in any part of the country or abroad, who have made outstanding contribution to the advancement of Orthopaedic Surgery.
 - b. **Life Members:** Members of the Association who contribute the specified feeRs. ~~2000/-~~3000/- (Rupees three thousand only) towards the funds of the Association may be elected as Life members of the Association. The whole contribution amount from life member will kept in fixed deposit and only its annual interest will be treated as annual income. Life Members shall be elected from persons who possess a Post graduate degree, ~~Diploma, DNB, Ph.D. qualification~~ in Orthopaedic Surgery **recognized by the National Medical Council of India / Medical Council of India /State Medical Council of central zone states (D.Ortho,MS Ortho, DNB Ortho)**, and are engaged in the practice of Orthopaedics.
 - c. **Associate members :** Associate members may be elected from:
 - i. Doctors engaged in training in Orthopaedics or allied subjects.
 - ii. Doctors pursuing research in orthopaedic surgery or allied subjects.

The classification and categories of members together with their rights and privileges shall be determined and amended by the Executive Committee and approved by the General Body from time to time.

Associate Members of the Association shall have the right to attend scientific meetings, social events, and engage in all scientific deliberations but they shall not attend business meetings and take part in elections.
6. **Election of Members :**
 - i. **Honorary Fellows:** The names of Honorary fellow will be prepared by the Executive Committee and approval at a Business Meeting by majority votes in General Body Meeting.
 - ii. Application for enrolment for membership in other categories of members shall be made to the Secretary of the Association on an official form **on line** and supported by two life members of the association. ~~The Executive committee shall appoint a membership Scrutiny Committee of three persons who shall scrutinize all applications for membership and recommend to the Executive committee the names that are eligible for acceptance.~~ Eligible names will be admitted by next general body meeting by a majority votes on the advice of the Executive Committee.
7. **Register of Members** – The association shall maintain, at its registered office, a register of its member and shall enter therein within 15 days after the admission of a member or a cessation of this membership as the case may be, the following particulars:
 - a. The name and address of the members.
 - b. The date on which the members was admitted
 - c. The date on which a member ceased to be such member.
8. **Membership subscription**
 - i. The subscription shall be determined from time to time by the Executive Committee and approved by a simple majority vote at a Business meeting.
 - ii. The subscription shall be charged at the following rates:
 - a) Life Member – ~~Rs.2000/-~~3000/-

- b) Associate Member– Rs. 500/- per year
- iii. All categories of members may be requested to contribute to any other existing funds or Trust or special activities of the Association.

9. Right of Member:

- i. Each life member shall have one vote at every meeting.
- ii. All ordinary member and Associate members of the society shall be entitled to participate in meeting.
- iii. All life members shall have right to inspect the books of account, book containing minutes of proceeding of general meeting and register of members of association on any working day during business hours by giving reasonable notice.
- iv. All the life members and associate members of the Association shall be bound by the rules and regulation and /or by laws framed from time to time.

10. Termination of members:

- i. Any category of member wishing to withdraw from the Association shall give notice in writing to the Secretary at least three months prior to the end of the financial year.
- ii. Any member whose resignation is demanded by the Executive Committee for misconduct which may go against the interest of the Association shall have the right to appeal to the next Business Meeting and shall make a written application to the Secretary within 14 days of receiving the demand. **General body will then take a decision on his continuance in the association.**

11. Accounts and Financial :

- i. The Association's Financial year shall extend from 1st April to 31st of March
- ii. The accounts of the Association shall be maintained in the name of the Association either in the State Bank of India or in any scheduled Bank authorized by the Executive Committee.
- iii. The treasurer & secretary shall be incharge of all money and assets of the Association.
- iv. All property and money shall be invested in the name of the Association.
- v. The payment of subscription and /or donations shall be payable to Central Zone of IOA
- vi. The account of the Association shall be audited annually by a Chartered Accountant approved by the Executive Committee.
- vii. ~~Bank Account of the Association shall be operated jointly by the Secretary and the Treasurer of the Association.~~ **The accounts shall be operated by Joint secretary HQ & Treasurer. It will be mandatory to take written permission from Secretary before releasing cheques. (Suggestion from Dr Bhuwan Singh)**
- viii. All payments are to be made ~~either by cash or crossed cheque or draft or postal order~~ **electronic bank transfer** in the name of the Association and an official receipt shall be granted by the Treasurer.

12. Scientific meetings:

- i. The scientific meetings shall be held at ~~least once a year~~ **as follows.**
 - Mid term symposium – April
 - Annual conference – August /Sept

The Annual Conference shall be held by rotation in the state to which President elect belongs to. The venue and date of the Annual Conference of the Association shall be decided one year in advance **by on the advice of** the President Elect at a Business meeting of the Association held during an annual meeting. The venue shall rotate among member states alphabetically. The Association will prepare a "GUIDE LINE for holding annual conference" it will be amended, when ever required, by simple majority vote of General Body Meeting.

- ~~ii. Members desirous to hold Annual Conference in his/her place will apply to the Secretary, Central Zone of IOA in writing at least one month before the annual conference of the previous year with the detailed plan and facilities.~~

The Association at its annual Business Meeting shall elect one Organising Secretary to organize the annual conference by majority vote. The organizing Secretary shall be a member of the Association and preferably from the venue decided. ~~An MOU shall be signed between Organising committee and the Association.~~

- iii. The annual conference shall be of ~~two~~ ~~three~~ days duration. Workshops may be organized ~~one day prior on first day~~. Inaugural program shall be held on first day. The second day shall be devoted to Dr. B.N.Sinha Oration, Dr. B.Mukhopadhyay Oration, Dr. S.C.Goel Oration, Guest Lectures, Scientific session, Executive committee meeting and general body meeting. The third day shall be devoted to Ghaziabad Lecture and scientific session. The Valedictory function and change of Collar shall be held during Banquet.
- iv. The Programme of each Annual Conference shall be decided by the ~~local organizing Committee in consultation with the President and Secretary of the Association~~. Scientific committee comprising of President, President Elect, Secretary, Immediate Past President and Organising secretary. Minimum 60% faculty lectures shall be delivered by members of the association. The organizing Secretary shall communicate the tentative programme of the Conference to the members of the Association at least three months prior to the commencement of the Annual Conference.

Protocol for the Inaugural Function

- Inaugural function should preferably finish in one hour
- Persons of eminence in the field of Orthopaedics should preferably be invited as the Chief Guest to inaugurate the conference.
- Other important personalities depending on the choice of the organizing Secretary may be invited as the Guest of Honour.
- Not more than 9 persons should be sitting on the Dais during inaugural function. The President and Secretary of the Host Chapter should be given seat on the dais.
- Master of the Ceremony should be nominated by the Organising Secretary to conduct the inaugural function.
- Master of Ceremony will conduct the inaugural function in the following manner
 - Invocation
 - Lighting of lamp banquet and floral presentation
 - Welcome address by Chairman Organising Committee
 - Secretary's Report and prize distribution by the Chief Guest/ Guest of Honour/President
 - Presidential Address
 - ~~Release of Souvenir~~ Address/ Blessings by the Guest of Honour
 - Inaugural address by the Chief Guest
 - Vote of Thanks by Organising Secretary
 - National Anthem

Total duration should not be more than one hour

- v. Any member wishing to present a paper shall furnish Email/typed copies of the abstract of the paper to the Organising Secretary at least six weeks prior to the date of the conference. The programme committee consisting of ~~President, Secretary and Organising Secretary~~ President, President Elect, Secretary, Immediate Past President and Organising secretary shall scrutinize each paper and shall have the right to either accept or reject any paper.

- vi. The organizing Committee may invite one or more person of eminence in the field of Orthopaedics or allied subject from outside the zone to deliver lecture etc. and the committee is empowered to correspond with outside guests speakers and finalize their programme in consultation with ~~President and Secretary of Central Zone~~ Scientific Committee. ~~At least 50%~~

~~specialist should be from Central Zone.~~ Scientific Committee shall include sessions on Basic Sciences and Oncology also in the program.

- vii. The Organising Secretary shall, as far as practicable, obtain papers from member of Central Zone of IOA. Paper from Orthopaedic Surgeons outside the zone of IOA shall be accepted only with the prior approval of President and Secretary of the Association and they will not be considered for any award.
- viii. To encourage and groom younger members a Young Surgeon's forum shall be started. Details shall be decided by General Body of Central Zone of IOA from time to time.
- ix. Funds required for holding the conference shall be raised by the Organising Committee
- x. The Executive Committee will authorize the Organising Secretary and the treasurer of the conference to open the account in any schedule bank.
- xi. Organising committee will prepare a budget and get it approved by Executive committee of Central Zone of IOA.
- xii. Organising Secretary shall
 - Organise the conference programme in consultation with President and Secretary at the meeting of the programme committee at least two month before the conference. The President and the Secretary shall be provided travelling and hospitality by the Organising Committee.
 - The Organising Secretary shall take care of the expenses of the Guest speakers with reference to travel expenses, stay and registration.
 - President, Secretary, Treasurer and all orators shall be entitled for free registration, stay and hospitality.
 - President Elect and other office bearers shall have the same status as any life member.
 - The senior members above 65 yrs shall be exempted from registration fee. They will pay only incidental charges.
 - President or Secretary IOA if invited by the organizing Secretary should be given the same privileges as the Orator and will be seated on dais.
 - Issue certificate of attendance, paper presentation to the Registered delegate and speakers under signature of the President, Secretary, Organising Secretary, Chairman and Organising Secretary.
 - If funds permit, the Organising Secretary shall present a memento to the office bearers, guest speakers and the chair persons.
- xiii. After the conference is over the account shall be audited by the Chartered Accountant and the audited account shall be presented to the Executive Committee and to next business meeting for approval. 10% of the total collection of the conference shall go to the Central zone of IOA and 5% of the total collection shall go to the host/City branch.

Mid Term Symposium: Mid term symposium shall be held in the April every year. It ~~should~~ will be held in a place (State which Vice President belongs to) decided by the members on the advice of the Vice President during General body meeting. The venue shall rotate among member states alphabetically. It shall be one and a half day duration and shall consist of workshop/Symposium/ guest lectures /free time for panel discussion. The topic of the symposium shall be decided in the general body meeting. An MOU shall be signed between Organising committee and the Association.

~~Member bidding to hold the midterm symposium shall apply on the stipulated form and sent to the secretary to CZ of IOA atleast one month before of GBM.~~

1. A meeting of the executive committee shall be held on the day of symposium.
2. Organising Secretary of the symposium shall be responsible for
 - o The guest speakers and President and Secretary of Central Zone shall be provided with free registration, stay and travelling expenses.
 - o President or Secretary IOA if invited by the organizing Secretary should be given the same privileges as the Guest Speaker and will be seated on dais.
 - o The senior citizens of orthopaedic members above 65 yrs is shall be exempted from registration fee.

- Issue of certificate of attendance to the registered delegates and paper presentation to speakers under signature with President, Secretary, **Organising Chairman** and Organising Secretary.
- Shall submit audited account of the symposium to the Secretary and Treasurer within two months from the date of symposium.

Utilization of savings with conference /Symposium

The Organising Secretaries are authorized to take registration fee as decided in the general body meeting for the annual conference and symposium. The organizing Secretary is also authorized to collect donations or charge fee for providing facilities for scientific exhibition to different organizations. Fifty percent (50%) of the savings shall be utilized by the Organising Committee for its activities for the development of the speciality (in case of the conference/symposium being organized by the teaching institutional it shall be shared equally between the Department of the teaching institution and the local orthopaedic club). Fifty percent (50%) of the saving shall go to the association.

Awards /Orations/Medals (to be given by the Central Zone)

1. Dr. B.N.Sinha Oration: An oration will be established for annual conference which will be delivered by the eminent Orthopaedic surgeon of India selected by the Executive Committee, who will be presented a memento, **and will be provided free Registration**, and travelling expenses for this purpose. Organising Secretary will provide local hospitality.
2. Dr. B.Mukhopadhaya Oration: An oration will be established for annual conference which will be delivered by the immediate past president of the association who will be presented a memento and travelling expenses for this purpose. Organising Secretary will provide local hospitality.
3. Dr. S.C.Goel Oration: An oration will be established for annual conference which will be delivered by the eminent orthopaedic surgeon from the central zone selected by the Executive Committee, who will be presented a memento,**and will be provided free Registration**, and travelling **expenses** for this purpose. OrganisingSecretary will provide local hospitality.
4. MP Chapter Medal: This medal will be awarded to best paper presented by a member in the medal session. For this session six papers will be chosen by the scientific committee comprising of President, Secretary and Organizing Secretary.
- ~~5.~~ Dr. T.P.Srivastava Medal: This medal will be awarded to best paper presented by a bonafide post graduate student of the Zone in the Medal Session. For this session six papers will be chosen by the scientific committee ~~comprising of President, Secretary and Organising Secretary.~~
6. Dr. V.S.Singh Medal: The medal will be awarded to the best poster put up in the poster session by a member.
7. Ghaziabad Lecture: This lecture will be delivered by a member whose research work is found best by a committee comprising of President, President Elect, 2. Immediate Past President and Secretary. For this submissions will be invited by the Secretary **3 months before the annual conference and Lecturer selected shall be informed at least 6 weeks before the conference.He will be presented a mementoand will be provided free Registration, and hospitality.**
8. **Life Time Achievement Award: This honour shall be given to a member of more than 20 years standing, who has contributed to the development and growth of the Central Zone of IOA. One member shall be honoured every year.**

Judges for the medal sessions will be appointed by the Secretary, Central Zone of IOA preferably from Guest speakers coming from outside the Zone.

13. Business Meetings :

- i. A Business meeting shall be held once a year during the Annual Conference on the opening day.
- ii. All categories of members are entitled to attend **but only life members are entitled to vote.**
- iii. 1/10th of members shall from the quorum and associated members shall not have the voting rights.
- iv. An extra ordinary business meeting can be summoned by the President within six weeks, if at least 50% members have made a written request specifying the nature of the business.

- v. ~~Functions~~ Agenda for General body meetings of ~~General Body~~ :
- a. Condolence, if any
 - b. Confirmation of the minutes of last meeting and business arising out of that.
 - c. Annual report by the Secretary
 - d. Finance Report by the Honorary Treasurer (Association, Journal, CME, Seminar, Workshop etc) ~~by Chartered accountant.~~
 - e. Report of the Editor
 - f. Budget for coming financial year of association and journal
 - g. Official resolutions proposed by the Executive Committee
 - h. Non Official resolution proposed by the Members
 - i. Any other business with the permission of the Chair.
- vi. The resolutions shall be received by the Secretary of the Association at least 15 days prior to the date of commencement of Business meeting.
- vii. The President shall have the powers to reject any non official resolution and his decision in the matter shall be final.

14. Publications

- A. The official publications of the Association shall be "~~Journal of Central Zone of Indian Orthopedic Association~~ Journal of Orthopaedics, Traumatology and Rehabilitation/News Letters. At least two issue of the journal will be published every year. The officer bearers of the Editorial Board shall be :
- a. Editor – One
 - b. Member – ~~six~~Ten (~~one~~2 from each state)
 1. Editor shall be ~~elected by electoral process~~nominated by the Executive Committee. His term of office shall be ~~every three~~two years.
 2. ~~Two member shall be elected by the electoral process every year.~~Members of the editorial board shall be nominated by the Executive Committee from all states on advice of the Editor. Their term of office shall betwo years.
 3. Editorial board will meet at least once a year.
- B. News Letter: The association may publish its own news letter on website which will be known as Central Zone of IOA News Extract. Hon.Secretary, Central Zone shall be the Editor or Executive Committee may appoint any member to act as editor, two issues shall be published every year.

15. Office Bearers:

The Association shall have the following office bearers who will be honorary:-

- | | | | | |
|--------------------|---|-----|--------------------|---|
| a. President | - | One | d. Secretary | - |
| One | | | | |
| b. President Elect | - | One | e. Joint Secretary | - |
| Three | | | | |
| c. Vice President | - | One | f. Treasurer | - |
| One | | | | |

16. Executive Committee :

The Executive Committee shall constitute of:-

- | | | | | | | |
|-------------------|---|--|-----------------------------|---|-----|--|
| a. President | - | One | b. Immediate Past President | - | One | c. President |
| Elect | - | One | | | | |
| d. Vice President | - | One | e. Secretary | - | One | f. Joint Secretary |
| - Three | | | | | | |
| g. Treasurer | - | One | h. Editor | - | One | |
| i. Members | - | Twelve Ten (two from each states) | | | | j. All Past President of Central Zone of IOA |
- k. All the Presidents & Secretaries of the State Chapter under Central Zone ~~are~~ shall be Ex-Officio members.

- iii. Five Members shall form a quorum of the Executive Committee.
Only members working in the territory of Central Zone of IOA shall be eligible for Election of office bearer of Central Zone of IOA.

Eligibility for election of the Office Bearers:

President Elect & Vice President

- 1) President Elect & Vice President shall be person of eminence in the field of orthopaedic.
- 2) He should be life member of Central Zone of IOA for 10 yrs.
- 3) Member of Executive Committee of Central zone of IOA for 2 terms of two years.

Secretary

1. He should be the life member of Central zone of IOA for 5 yrs.
2. Member of Executive Committee of Central zone of IOA for 2 terms of two years.

The election of the President Elect and Vice President shall be in clock wise manner (among Bihar, Chhatisgarh, ~~Jharkhand~~, Madhya Pradesh, Rajasthan & Uttar Pradesh) of the Central Zone of the Indian Orthopaedic Association and only the members of that state shall contest for the elections.

Secretary, Treasurer & Editor shall be elected for a term of two years.

Joint Secretaries: There shall be three joint Secretaries for the term of two years.

Member Executive Committee: Two members each from all **five** states. Term of the executive members shall be two years. **One EC member from each state shall be elected every year.**

17. Election of office bearer and Members of Executive Committee :

- j. The Secretary, Treasurer and Editor shall hold office for a term of two years.
- ii. President Elect, Vice President, ~~twelve~~ten executive committee members ~~and two members of Editorial Board~~ shall be elected annually by online electoral process. After holding office for one year, the President elect will automatically succeed and will take over charge as the President from the outgoing President and hold office of the President for one year.
- iii. Executive Committee will prepare a guideline for holding election on the basis of constitution. The guideline may be amended by simple majority vote in the general body meeting association.
- iv. Nomination Fee : The following nomination fee will be paid by A/c payee bank draft in the name of "Central Zone of Indian Orthopaedic Association"
 - a. President Elect : Rs. ~~500/-~~Rs 5000/-
 - b. Vice President, Secretary, Editor – ~~Rs. 300/-~~ Rs 2000/-
 - c. Other – Rs. ~~200/-~~2000/-As and when required this amount may be changed with simple majority vote in the annual general body meeting.
- v. Calendar for election : to be decided by general body
- vi. Treasurer and one joint Secretary shall be selected by the Executive Committee among the members from **Patna** where the office of the association is based. Other 2 joint Secretaries shall be nominated by President (one) and Secretary (one) .These appointments have to be rectified by the Executive committee.

18. Duties & power of the Officers:

- a. President
 - i. The President will preside over the meeting, Business meeting, Executive Committee meetings and all other Scientific meetings, Seminars, symposia etc. He shall deliver a Presidential address.
 - ii. The President shall be the Ex-Officio Chairman of all committees and sub committees.
- b. President Elect
 - i. He shall submit his resignation to the President
 - ii. He will be the returning officer for the election of the office bearers of the Association and declaration of the results.
- c. Vice President:

- i. The Vice President shall deputize in all the occasion when the President is absent or if the president ceases to hold office during the term.
 - ii. He/She submit his/her resignation to the President. In the absence of President, President elect and Vice President the Executive Committee shall elect Chairman for any particularly meeting or for remaining term of office.
- d. Secretary**
 - i. The Secretary shall be responsible for organisation and execution of all policies and programmes of the Association and shall submit reports at the meeting of the Executive Committee regarding thereto. He shall also present an annual report at the annual meeting of the Executive Committee giving a general review of the work of the Association in the preceding year.
 - ii. He shall prepare and keep the minutes of all the Business meetings of the Association and meetings of the Executive Committee and see that all notices are duly circulated amongst members in accordance with the provisions of rules and bye-laws. He will circulate the audited accounts for the year along with the minutes of the last general body meeting of the annual general body meeting of the Association where they will be adopted.
 - iii. He/She shall be the custodian of the seal of the Association and other associated items.
 - iv. He/She will be responsible for all return needed under Society Registration act.
 - v. He/She shall be the custodian of all the documents and papers of the Association. All the records of the association shall be kept at the registered office where any member can inspect with the permission of Secy.
 - vi. He/She will sign and execute with approval of the Executive committee all contracts or other instruments in the name of the Association and shall exercise a general supervision over the affairs of the Association.
 - vii. He/She shall be ex-office member of all committees and sub committees of the Association.
 - viii. He/She shall have the power to suspend, punish and otherwise control or regulate the employees of the Association if any.
 - ix. He/She will submit his/her resignation to the President.
- e. Joint Secretary**
 - i. ~~He/she~~ They shall assist in all the function of the Secretary like managing office work, conducting correspondences, preparation of agenda of Executive and Business Meetings.
 - ii. In the absence of Secretary ~~and Joint Secretary by seniority will deputise~~ senior most Joint secretary shall function as Secretary.
- f. Treasurer :**
 - i. He /she will be responsible for preparation of the annual budget and getting it passed by the General body at annual conference each year.
 - ii. He/she shall deposit all money in the authorized bank to the credit of the Association.
 - iii. All Payment, sanctioned by the Executive Committee shall be made by him under the written instruction of the Secretary.
 - iv. He/She shall be responsible for keeping up to date account of income and expenditure in properly maintained cash book and acquaintance rolls. He/She shall present a yearly statement of account of the Executive Committee.
 - v. He/She shall submit an audited statement of annual account and balance sheet before the Annual General Meeting . Accounts will audited by a Chartered Accountant appointed Secretary.
 - vi. He/She shall keep a temporary advance of Rs. 500/- to meet the emergent expenses and contingencies.
 - vii. He/She shall be responsible for filling IT returns, exemption under IT rules & an exemption of Central Zone of IOA assets from tax.
- g. Editor**

- i. He /She shall publish circulate half yearly journal/ news letter which shall be the official organ of the Association.
- ii. The journal will cater the needs of the profession and shall also undertake publicity and propaganda work of the Association through its column.
- iii. The Editor will nominate one or two Assistant Editor of his own choice from the members of association to render help in the publication of journals , hand bills etc.
- iv. He/She shall be responsible for publication, circulation, registration and recognition of journal.
- h. Editorial Board will meet at least once in a year and will send its recommendation regarding, publication, circulation, registration and recognition of the journal to executive committee for approval.
- i. **Funds of the Journal**
 - 1. Incidental Charges of the annual conference shall be given to the journal fund.
 - 2. The editorial staff shall raise funds from advertisement, donations and any other resources which are deemed fit.
 - 3. Under special circumstances, the Executive Committee may sanction some money from Association fund needed for publication of journals as loan which shall be payable in easy installments.
 - 4. The Executive Committee shall have the powers to waive off the loan if, it is convinced that the Editorial staff is not in a position to meet the deficit.
- j. The editorial board shall have the first right of refusal of any article and shall be communicated to the author within six months of the publications of journals.

19. Sources of Income of Association

The fund or income of the Association shall be derived from the following sources.

- i. Subscription from members
- ii. Special contribution in donation raised by the Association
 - iii. Profits made by the publication of the journal
 - iv. Saving of each annual conference, CME, seminar, Scientific talks and workshop etc held under banner of the Association.

20. **Central Zone of IOA is affiliated to the Indian Orthopaedic Association. If any point is not covered in rules and regulations, the constitution of Indian Orthopaedic Association shall be followed.**

21. Amendment of constitution and rules:

The rules and regulations shall be altered by the vote of at least three fourths of the members present at an extra ordinary meeting specially convened for the purpose. The Secretary shall dispatched a notice of such meeting and of every proposed alteration by post/email to every member not less than 30 days before the date of the meeting to ascertain views of members and members have to mention clearly 'Yes' or 'No' in respect of proposed amendments. If no such reply is received within 30 days after dispatched of the letter, from any member and he is not present in the general body meeting then it will be presumed that the members approve the proposed amendment.

If more than ¼ of total members in the Registrar or Members of Central Zone of IOA oppose any amendments by post or vote against it then that particular proposed amendment will not be considered in that meeting.

Quorum for the extra ordinary meeting for amendment of constitution shall be one third of the member of association. If the quorum is not complete within half an hour of the time appointed for a meeting, the meeting shall stand adjourned for ~~one hour~~15 minutes at the same place. After ~~one hour~~15 minutes the meeting will be called in order and if ~~half an hour~~ the quorum is not complete, the member present shall constitute the quorum.

22. Suit & Dispute :

All disputes are subject to exclusive jurisdiction of competent courts and forum only from the place of Secretary. Any suit for or against the Association will be filed in the name of the Secretary of the Association.

23. Indemnity :

Every member of the Executive Committee or any subcommittee, editor or employee of the Central Zone of IOA shall be identified against all liabilities arising out of acts and things done by him in performance of the duties entrusted, by way of damages or otherwise , and all those charges and expenses which he may incur or become liable by a reason or any contract into or any act or deed done of him as such member , auditor, office bearer or employee in anyway or about the discharge of his duties.

24. Dissolution of the Association and distribution of properties:

The Association shall not be dissolved unless two third of the members shall have expressed for dissolution by their votes delivered in person at a general body meeting convened for the purpose.

IN the event of the Association being dissolved the surplus assets, if any shall not be paid or distributed among the members of the Association but shall be handed over to the Indian Orthopaedic Association.

25. All provisions of the Societies and Registration Act (1860) as amended from time to time shall apply to the Association.